



Pos	Dorsal	Nome	Sobrenome	Sexo	Pos	Escalão	Pos	Equipa	Tempo	Ritmo
1	23	Gilberto	Da Silva Pimenta	Male	1	MSenior	1	Oralklass-Amigos do Trail	03:48:00	7'36"/km
2	26	Tiago	Subtil	Male	2	M40	1	Individual	03:58:55	7'57"/km
3	16	Castor	Salgado	Male	3	M40	2	TROGLODITAS RUNNERS	04:01:00	8'02"/km
4	38	Ezequiel	Fernandes	Male	4	M40	3	Individual	04:08:27	8'16"/km
5	29	Gualter	Da Silva Freitas	Male	5	M50	1	Que trilhos Fisiovera Lemos	04:18:02	8'36"/km
6	39	Ricardo	Pereira	Male	6	MSenior	2	Team Lantermil	04:47:14	9'34"/km
7	11	Dorinda	Sousa	Female	1	FSenior	1	TROGLODITAS RUNNERS	04:55:31	9'51"/km
8	22	Hugo	Fernandes	Male	7	MSenior	3	Clube Atletismo Fafe	04:58:54	9'57"/km
9	37	Helder	Silva	Male	8	M40	4	Q-TRILHO	05:07:37	10'15"/km
10	36	Miguel	Ângelo	Male	9	M50	2	Q-TRILHO	05:07:37	10'15"/km
11	27	Rui	Pereira	Male	10	M50	3	Individual	05:12:37	10'25"/km
12	30	Marta	Veloso	Female	2	F40	1	TROGLODITAS RUNNERS	05:28:38	10'57"/km
13	31	Manuel	Costa	Male	11	M50	4	Individual	05:29:39	10'59"/km
14	32	José	Augusto Batista Pinto	Male	12	M50	5	Individual	05:49:10	11'38"/km
15	35	Gustavo	Jorge Rocha Taveira	Male	13	M40	5	Individual	06:06:38	12'13"/km
16	34	João	Couto	Male	14	M40	6	Os Finos	06:43:56	13'27"/km
17	5	Paulo	Soares	Male	15	M40	7	CCV Nature	07:08:06	14'16"/km
18	4	Pedro	Sendão	Male	16	M40	8	LETHES TRAIL TEAM	07:09:53	14'19"/km
19	12	Maria	José Oliveira	Female	3	F40	2	TROGLODITAS RUNNERS	07:15:00	14'30"/km